

# Golf Clinic

Kevin Descarreaux, Golf Professional and John St. Jean, PTA, Titleist Performance Institute Certified Golf Fitness Instructor, will be conducting individual sessions to help improve your golf game. Each session will run one half hour and include the following:

- Hitting Session
- Personal Physical Screen
  - Swing Analysis
  - Exercise Prescription
  - Practice Plan

The goal of each session will be to identify areas of weakness and/or immobility which can lead to many common swing flaws, provide solutions to these problems and give you the best chance to achieve your specific golf goals.

**Date:** June 6, 2009

**Time:** 9:00 am – 12:00 pm

**Location:** Gardner Municipal Golf Course Driving Range

**Cost:** \$50.00

SPACE IS LIMITED SO DON'T DELAY!

To register or request more information contact Kevin in the Club House or  
John St. Jean, PTA, CFGI  
@ 978-353-0030 or [John@ramseyrehab.com](mailto:John@ramseyrehab.com)

