



KARLA ROCHELEAU, PT, CPT

**LICENSED PHYSICAL THERAPIST
CERTIFIED PERSONAL TRAINER
ORTHOTICS FABRICATION**

A Strong Education Builds Towards Effective Patient Care

"I've been working in the orthopedic field for over 15 years, and I really enjoy working with all types of patients. I feel it is very important to continue to learn and expand my field of knowledge to be able to provide my patients with the most thorough and innovative treatments possible."

BS: Physical Therapy, University of New England, Biddeford, Maine.
Certified Personal Trainer: AFPA certified since 2001

Specialist: Biomechanical video tape analysis, Orthotic Fabrication

Professional Goals and Commitment

"I have always been very interested with working with athletes and sports related injuries and I continue to update my knowledge through continuing education courses. I have been very active in treating and developing training schedules for runners. I have also been involved with doing a lot of videotape analysis and orthotic fabrication for sports related injuries, orthopedic, and pediatric diagnoses. It is my goal to provide the most effective evaluation and treatment possible for my patients, so that their outcome is a successful one."

Member: American Fitness Professionals and Associates, American Physical Therapy Association.

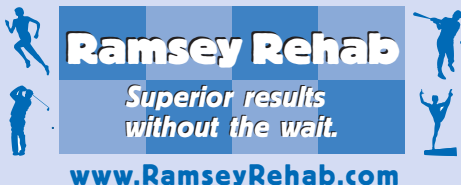
Helping the Community

"I feel it is extremely important to give back to the community that I live in. I have been involved in lecturing and educating in sports injury prevention in the local high schools, for the Worcester Running Club and I am active in local community health fairs. I got involved in this area of health care because I find it truly rewarding to be a part of helping people come back to full activities, and possibly avoid injuries in the future. Education in understanding your injury and how to prevent future injuries is as important as coming back from your injury. Here at Ramsey Rehab, I feel blessed to be a part of a dynamic team whose sole purpose is to do just that."

Experience: LE biomechanical video tape analysis, Orthotic Fabrication

**Consultant, Local Running Groups
Injury Prevention in Local High Schools
Lecturer, Volunteer, Consultant**

"Our common goal at Ramsey Rehab is to help people who have injuries, illnesses or conditions that can be helped through modern physical therapy methods and techniques. When you are in pain, you don't want to wait for help. That's why we usually see you within 24 hours of your call for an appointment, and we help you recover in less time, too. It's rewarding to see people get back to their healthy lifestyles so quickly."



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