

What Can a Women's Health Physical Therapist Offer?

Health science's emphasis on fitness and wellness has brought to women's attention a need to pay closer attention to their bodies during recreation, work and throughout life. Physical therapists at Ramsey Rehab's Tyngsborough facility have specialized training that can benefit women with a variety of medical conditions. These therapists use every facet of their physical therapy training to evaluate and treat female clients, promoting and enhancing health throughout their life spans. All treatments are individually designed after thorough evaluation.

Examples of Conditions Treated:

- Osteoporosis and exercise prescription
- Pelvic pain and genital pain
- Pre-natal and post-partum periods
- Urinary incontinence
- Post-operative management of breast cancer and mastectomy

To set up an evaluation, call the Tyngsborough office at (978) 649-2592 or e-mail Sue Abis at sabis@ramseyrehab.com.



Susan Abis, PT, has been practicing for over 25 years and is a member of the Women's Health section of the American Physical Therapy Association, currently serving as section federal affairs liaison. She is a past state president of the NH chapter of the American Physical Therapy Association and served as its chief delegate as well.