



SARAH MALATOS, DPT

LICENSED PHYSICAL THERAPIST
EXERCISE PHYSIOLOGIST

Education never ends

“The education I received in undergraduate and graduate school was very solid, but it was just the beginning. I hope and plan to continue learning from as many resources as possible, whether it is from fellow therapists, continuing education and college courses, or from my patients.”

DPT: Doctorate of Physical Therapy
University of Massachusetts Lowell, Lowell, MA

BS: Exercise Science
University of New Hampshire, Durham, NH

Goal-Centered Programs

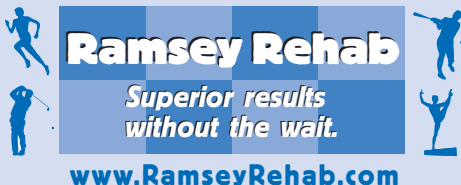
“In addition to treating physical injuries, I have a strong interest in injury prevention, wellness programs, and weight loss/maintenance. My undergraduate education in Exercise Science provided me with an excellent background to create tailored exercise prescriptions, centered around the individual’s goals – whether it is strength, speed, agility, injury recovery, or weight loss.”

Beyond the Community

“As a physical therapist, I am fortunate to be able to share my knowledge and passion with others. My interest in helping others to achieve healthy, balanced lives extends from the local communities to one of the poorest communities in the world. One of the best experiences I have had personally and professionally was providing education and supplies to a volunteer physical therapy clinic serving the children of remote mountain villages in Peru. This experience was incredibly rewarding and I hope to continue providing my services to areas in need.”

**Member: American Physical Therapy Association
APTA Orthopedic Section**

“Our common goal at Ramsey Rehab is to help people who have injuries, illnesses or conditions that can be helped through modern physical therapy methods and techniques. When you are in pain, you don’t want to wait for help. That’s why we usually see you within 24 hours of your call for an appointment, and we help you recover in less time, too. It’s rewarding to see people get back to their healthy lifestyles so quickly.”



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